

A KIDS VISUAL GUIDE

I will be going to Abbey Centre on

_____ with
_____.

We will get to Abbey Centre by
_____.



Sometimes Abbey Centre can get quite busy. There will be lots of noises and people when I am out shopping. This is ok.

I can use my _____

to help me feel better.

I will stay close to

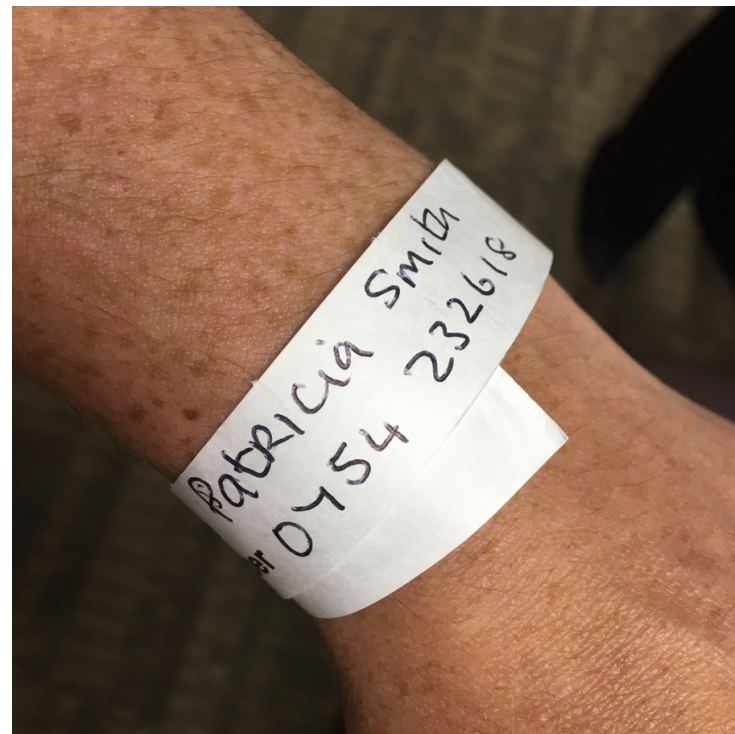
_____ and listen to

what they tell me to do.



My parents / carers know that we can request an ICE Wristband or to borrow a Sensory Pack from any staff personnel.

My parents / carers fill in their details on my wristband and help me to put my wristband on my arm.



IF I GET LOST

The person will request over the phone or walkie-talkie that a Public Service Announcement is made. _____

I will then hear a voice over the loud tannoy calling my parent / carer to come meet me at a specific location. _____

My parent / carer will then come pick me up.

If I get lost and can't find _____

I should find a Security or Housekeeping person and explain that I am lost. _____

I can show my ICE Wristband and the person will be able to read the number and ring my parent / carer on _____.

**If I need help when at Abbey Centre I can look out for;
Security Personnel and House Keeping**



Security Personnel patrol the mall. They wear lilac shirts and purple ties and carry lots of equipment.

Housekeepers patrol the mall pushing yellow cleaning carts. They wear navy uniforms.



There are lots of shops at Abbey centre. I can help plan my visit using the 'Shops We Are Visiting Today' activity sheet. When I am finished in a shop I can tick it off my list and see where else we have to go. Sometimes we might need to visit an extra shop if this happens it is ok, we can just write the extra shop in.

SHOPS WE ARE VISITING TODAY



1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

I can create a shopping list of items we need using a 'Shopping List' activity sheet. I might like to write in what we are going to buy at Abbey Centre. For example, maybe I am going for a new pair of shoes or maybe mum needs to buy something for the house.

OUR SHOPPING LIST



1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

If I need to use the bathroom during my shopping trip I can visit the toilets.

The symbols on the wall will let me know which one to use. I can follow the hand washing visuals on the wall.

Where are the toilets?

- **Foyer beneath Car Park C Level I**
- **Upper level above the Food Court**
- **In Next beside Ground Cafe**
- **In Caffè Nero**



I know that the Hand Dryers can be noisy.

I will have a nice time when I visit Abbey Centre!

If I feel like I need a break in a quiet place when in Abbey Centre, my parent / carer can request assistance from a Security Person or a Housekeeper. The Abbey Centre helper will then lead us to a nice, quiet space where I can relax and feel calm. Once settled, we can then continue our shopping journey.



Quiet Space